



Christmas | 2016

Patron: HRH The  
Princess Royal G.C.V.O.

# CanTRA Caller

CANADIAN THERAPEUTIC RIDING ASSOCIATION | L'ASSOCIATION CANADIENNE D'ÉQUITATION THÉRAPEUTIQUE  
Registered Canadian Charity No. 11883 6543 RR001

## President's message

Once again, the Christmas season is at our doorstep, inviting us to look back at this past year and assess our performance. CanTRA has experienced a very fruitful year, considering the new developments in several of our committees: revision of certification levels (Certification / Education Committee); a training program for new site visitors (Standards/ Accreditation Committee); launching of our new Equine-Facilitated Wellness credentialing exams in English (EFW Committee); new members joining our Advisory Council and our Hippotherapy Committee; plus the formidable and relentless work of our Finance Committee.



I would like to highlight the dedication and tenacity of all those working in the shadows to provide our members with the best possible support. They include our designers for the *CanTRA Caller* and *CanTRA Communiqué* newsletters; judges and committee members of the CanTRA Awards program;

Zone Representatives; and CanTRA board members. Thank you all for your continued commitment and perseverance.

I wish all of you — volunteers, staff members, and partners, a holiday season filled with peace, good health, and joy. A Merry Christmas to all and a Happy New Year!

*Eliane Trempe, President*



Princess Anne meets Ava Walsh, a young rider in the Rainbow Riders program.

*Photo courtesy Joe Gibbons/The Telegram, St. John's, NL*

## Royal visit to Rainbow Riders

The Princess Royal, Princess Anne, paid a visit in June to Rainbow Riders in St. John's, NL, for a special sod-turning event to kick off their "Raise It Up" fund-raising campaign. Rainbow Riders, a CanTRA-accredited centre, is starting construction on a new, modernized facility (see page 3 for more information). CanTRA president Eliane Trempe also attended and met the Princess.

Rider and program coordinator Stephanie Griffiths had an opportunity to speak with the Princess. "It was very exciting," she said. "There was a lot of preparation going into the visit, so getting to speak to her was quite special. I have competed via video competition with the rest of Canada so she was asking me about that. I know she is an avid horsewoman so to speak with her and share this knowledge was cool.

Princess Anne is a dedicated equestrian who competed in the eventing discipline at the 1976 Olympics and is the mother of 2012 Olympic eventing silver medallist, Zara Phillips.

## Mission statement

To promote the benefits of therapeutic riding throughout Canada by raising public awareness, working closely with the medical profession, providing continuing education, maintaining high standards for therapeutic riding instructor certification, and accrediting therapeutic riding centres.

## Rio riders praise their horses

The 2016 Paralympic Games are over. But for our Canadian para-equestrian team, the memories will no doubt last a long time. And what of their intrepid equine partners? Here is what each rider had to say about their horses.

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**FANCIANNA (Fancy)**  
**13-year-old Friesian-Andalusian**  
**Rider-owner: Robyn Andrews**

“The Team test was a bit difficult as it was 43 degrees and both Fancy and I were very hot. Also we were first of 26 to ride and the Brazilian audience was very supportive and Fancy was looking everywhere. But she calmed down about half-way through. The Individual Test was much better and Fancy did her job well. She is always there for me.”



Fancianna

*Photo courtesy Astrid Bless*

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**ONYX**  
**13-year-old Hanoverian gelding**  
**Rider: Lauren Barwick**  
**Owner: Equestrian Canada**

“It was our third time in an international arena and I’ve only been riding him for 10 months now, so I wasn’t

really sure what the environment was going to create in him. But, I’m pleased with how he went in there. It was steady and he tried really hard. For day one, that’s all I can ask.”



Onyx

*Photo courtesy Equestrian Canada*

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**DI SCANSANO (Disco)**  
**15-year-old Hanoverian gelding**  
**Rider: Ashley Gowanlock**  
**Owner: Wendy Christoff**



Di Scansano

*Photo courtesy Jon Stroud Media*

“Disco did everything I asked him to and kept his head about him, so I am a happy camper.”

Note: Ashley had only been riding Di Scansano for a few months prior to the Games.

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**DOUBLE AGENT (Darcy)**  
**9-year-old Anglo-European mare**  
**Rider-owner: Roberta Sheffield**

“It was a really good ride. It felt amazing. It was like being on one of those floor conveyors at the airport, she just swept me along. It was so fluidly going, it was faster than my brain usually has to compute with her. It was a really good thing though — it was lovely.”



Double Agent

*Photo courtesy Petit Phil Photo*

For individual and team results, and rider comments, go to <https://www.equestrian.ca/events-results/games/rio> and follow the stories by date.

Special thanks to Jessie Christie, Manager, Communications and Media Relations, Equestrian Canada, for her great help in providing photos and press updates from Rio at a time when she must have been “crazy busy.”



## “Raise It Up” for Rainbow Riders

Based in the heart of St. John's, Rainbow Riders has been offering therapeutic horseback riding to youth with physical, cognitive, and emotional disabilities for more than 20 years. All instructors are CanTRA-certified and the centre is CanTRA-accredited. Rainbow Riders currently operates year round with a facility that can house 14 horses and ponies with an indoor riding arena. Currently, there is a long waiting list for children who could benefit from Rainbow Riders' programming but the facilities lack heating, suitable grounds, and accessible washrooms. They are also restricted to riding in the indoor arena since the property's riding trails are not fully accessible.

To provide young people with continued riding programs, as well as new programs, and to create more accessible facilities, Raise It Up aims to replace the existing stable



Courtney White riding Pickles during the sod-turning ceremony for the new Rainbow Riders facility.

*Photo courtesy Joe Gibbons/The Telegram, St. John's, NL*

at Rainbow Riders with a modern therapeutic riding centre. For more information, visit [www.raiseitup.ca](http://www.raiseitup.ca).



## HETI News

Federation of Horses in Education and Therapy International

### 16th International Congress

#### “Striking the Balance”

June 26 - 29, 2018

Dublin, Ireland

Host: Festina Lente (Hasten Slowly),

[www.festinalente.ie](http://www.festinalente.ie)

Venue: Royal Dublin Society,

[www.rds.ie](http://www.rds.ie)

### Heads up for abstracts!

While the call for abstracts is not yet open, it's not too early to think about submitting.

Call for abstracts: February 1, 2017

Deadline for submissions: November 29, 2017

*For more information about the 2018 Congress, go to [www.heti2018.org](http://www.heti2018.org)*

Janice Cole, President of The Joyriders Therapeutic Riding Association (Hunter River, PEI) and Butch McGee, CanTRA 2016 Volunteer of the Year, accept their awards from Daphne Davey, CanTRA past president, during the Joyriders' annual summer BBQ for volunteers. The Rhonda Davies Award is sponsored by John and Donna Davies.

*Photo courtesy David Park*

## Donating the easy way

Would you like to make a donation to CanTRA? Go the CanadaHelps way!

[www.canadahelps.org](http://www.canadahelps.org)

Type in “Canadian Therapeutic Riding Association” in the “I want to give to” space. Your tax-deductible donation will support children and adults with disabilities right across the country.



## We're alive online!

Website [www.cantra.ca](http://www.cantra.ca)

DTN CanTRA Channel

[www.disabilitytodaynetwork.com](http://www.disabilitytodaynetwork.com)

(Partners tab)

## Website pending translation

We regret that the French version of the CanTRA website is not yet in operation. Information posted on the website, referred to in this newsletter, will be in English only.

## Newsletter team

Editor: Daphne Davey

Translator: Pas de Deux Communications

Designers: Tracy Magee-Graham

(English) and Céline Bellerose (French)

## Quelle langue?

Si vous désirez recevoir cette publication en français, s.v.p. contactez Brenda Coward à [ctr@golden.net](mailto:ctr@golden.net).

## Stories to tell...

Holding an event? Highlighting an achievement? Celebrating a milestone? Share it with the rest of us! Line up a camera and send in a photo and description of the occasion to Daphne Davey, managing editor, CanTRA newsletters: [ddavey@eastlink.ca](mailto:ddavey@eastlink.ca) Your contribution may also be used for articles in *Canadian Horse Journal* and *Saddle Up* magazine (BC and AB).



# Stop press!

## Dr. Gillian Lawrence to be honoured

The CanTRA board of directors wishes to honour the memory of Dr. Lawrence. Several options are under review, bearing in mind her particular interest in the medical aspect of therapeutic riding. The funds that were received in her memory at the time of her death earlier this year will be set aside as "seed money" for the project finally chosen. Details of this memorial will be shared with members in due course.



## Ian Millar – 25 years with CanTRA

In 1991, Dr. Ian Millar joined CanTRA as an Honorary Director. He has been a loyal – and effective – supporter of CanTRA throughout this partnership. In addition to his own help in fund-raising and PR on CanTRA's behalf, in 1994 he even corralled Big Ben into helping raise funds. Given Ian's reputation as one of the most-recognized competitors in Canadian show-jumping history and internationally, this support has been of immense value and deeply appreciated. Happy 25th anniversary, Ian!

## EFW English exam now available

CanTRA's Equine-Facilitated Wellness program is now able to offer the English version of the Canadianized credentialing exam for Mental Health and Education Professionals who have completed the CanTRA prerequisites. The exam is offered by the Certification Board of Equine Interaction Professionals. The CanTRA board is now urgently pursuing funding opportunities to have these exams translated into French. We welcome ideas from members for funding sources.



The Professional Testing Corporation (PTC), which administers the exams, currently offers 23 sites covering most provinces in Canada where the exams can be sat. For this information, go to [www.ptcny.com](http://www.ptcny.com), scroll down to the CBEIP link, then scroll down to Regional Testing Centers. Enter any major Canadian city, and all 23 testing sites will come up to browse through.

For more information on CanTRA's EFW program, go to [www.cantra.ca](http://www.cantra.ca).



Molly, 2016 CanTRA Therapy Horse award winner, sports her new blanket at SARI (London, Ontario). The blanket was sponsored by Manning Equine Vet Services (Ontario) and Greenhawk (Charlottetown).

*Photo courtesy Megan Orser*

## Special thanks...

to our CanTRA Caller sponsor, Tidewater Physiotherapy Inc. Centre for Wellness and Rehabilitation, Lower Coverdale, New Brunswick.

## Our sponsors and donors

We deeply appreciate the support of the following sponsors and donors. We are especially grateful for donations that we are receiving in memory of Dr. Gillian Lawrence.

### Sponsor Roll of Honour

#### Red Ribbon (\$5000+)

##### In-kind

Canadian Horse Journal  
Disability Today Network  
Saddle Up magazine

#### White Ribbon (\$500+)

Canadian Foundation for Physically Disabled Persons

Dr. Dorrit A. De Demeter  
Arlene & Robert Wright

#### Friends of CanTRA (\$100+)

Christine and Oren Birch  
Daphne Davey  
John and Donna Davies  
Greenhawk (Burlington, Ontario)  
Manning Equine Vet Services  
Murphy Frum Foundation  
Tidewater Physiotherapy Inc.  
Gay Wood



## Rubber emails

Our members keep in touch with us by email more than any other means of communication. Unfortunately, emails can bounce and when they do it is very time-consuming to research new contact information. If you change your email address (or surname, mailing address or telephone number), please notify the CanTRA head office so we can stay in touch.

## Spread the word!

The *CanTRA Caller* contains information of importance and interest to our member centres: board and administrators, instructors, and volunteers. Please circulate it to your key personnel – and post a copy in your barn -- so they can keep up to date on CanTRA news.



**Thank you.**

## Who's Who at CanTRA

### 2016-17 Board of Directors

Eliane Trempe, President	Québec
Daphne Davey, Past President	Prince Edward Island
Ruth Carter, 1st Vice-president	New Brunswick
Sandra Evans, 2nd Vice-president	British Columbia
Sonia Koczekan, Secretary	Ontario
Jane James, Treasurer	British Columbia
Tricia Mellor, Director	Ontario
JoAnn Thompson Franklin, Director	New Brunswick
Shelene Williams, Director	Alberta

**Staff:** Brenda Coward, Administrator

### Advisory Council

Ann Caine	Ontario
Bernard Gluckstein	Ontario
Jeff Tiessen	Ontario
Dr. Bob Wright	Ontario

### Honorary Directors

Lisa Burd	Australia
John Davies	USA
Jim Elder	Ontario
Kara Grant	Prince Edward Island
Mary Longden	Australia
Dr. Ian Millar	Ontario
Mea Renahan	Ontario
Dr. Bob Wright	Ontario



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### Phone

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### Administrator

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## Retiring? Become a supporting member

Are you retiring from active involvement in therapeutic riding but would like to continue supporting CanTRA's work? You can change your membership category from Individual (\$40.00/year) to Supporting (\$20.00/year). Supporting members receive the semi-annual *CanTRA Caller* and *CanTRA Communiqué* newsletters. So instead of advising the CanTRA office that you are no longer active and want your name removed from the list, why not ask to be transferred to the Supporting Members list now? Then when you receive your membership renewal notice in December, you can sign up for the \$20.00 membership instead. For further information, contact: Brenda Coward, Administrator, [ctra@golden.net](mailto:ctra@golden.net).